

COOL TOOLS

Financial Juggling

What You'll Need:

- Several unbreakable items that can be thrown without causing injury (Ex. Nerf ball, stuffed animal, rubber chicken)
- A plastic cup

Purpose of Activity:

This can be an ice breaker that helps participants learn one another's names or as an energizer to demonstrate the potential difficulty of juggling multiple financial priorities and experiencing the unexpected.

Activity Instructions:

Invite your audience to form a circle. Ask for a volunteer and explain that they'll call out a person's name and toss them an object. That person will then choose someone else to toss the item to, calling out their name. This will continue until everyone in the group has been called by name and caught the item.

Have the group continue to pass the object, using the same pattern. Periodically introduce another object to be tossed. Once the group has mastered passing multiple items, introduce a small glass of water into the mix. Quietly instruct a member of the group to hold the glass for a moment and then pass it to the person on either side of them when they're ready.

Once everyone has experienced passing the glass, end the game and debrief by asking group members to reflect on what they observed and how they felt when the glass of water was introduced. How can this activity relate to our finances?